



# PHSE Policy

<b>Updated By:</b> A Lees	<b>Approved By:</b> C Johnson	<b>Date:</b> Dec 2021
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## **1. Aims**

At The Shrubbery we believe that Personal, Social, Health and Economic education (P.S.H.E), is at the centre of all that we do. Through our curriculum, school ethos and expectations, we promote pupils' health, wellbeing and safety. The promotion of pupils' P.S.H.E and academic development is essential in providing pupils with the skills and attributes needed to become healthy, successful citizens. It will enable them to form and maintain healthy, positive relationships, based on self-respect and respect for others, at home, at school and in the wider community.

We aim to provide a curriculum that promotes pupils' health and wellbeing whilst giving them the skills they require to make informed decisions about their life, enabling them to achieve their full potential and prepare them for life in the modern-day world.

We understand the value of a whole school approach to teaching P.S.H.E and the importance of the views and involvement of pupils and parents/carers.

## **2. Objectives**

To enable pupils to:

- understand and lead a healthy, well-balanced life, both physically and emotionally
- recognise and acknowledge things that make them feel happy/unhappy or safe/unsafe
- build and maintain positive, healthy relationships; develop and demonstrate the core values of our school regarding self-respect and respect for others
- to be independent and take responsibility for themselves and their actions
- to understand how their behaviour may affect others
- make informed decisions and choices
- develop and use learned skills and positive attributes in their life experiences, both now and in the future.

## **3. Statutory Requirements**

PSHE is a non-statutory subject. However, we must teach Relationships Education and Health Education under the Children and Social Work Act 2017, in line with the terms set out in the Government's 2020 Statutory Guidance.

## **4. Content and Delivery**

### **4.1 What we teach**

We are required to cover the content for Relationships Education and Health Education, as set out in the statutory guidance.

Although not a statutory requirement – other than through science – as a school, we also incorporate age-appropriate Sex Education into our PSHE Curriculum. Refer to our RSE Policy for details about what we teach, how we decide on what to teach and Parent's right to withdrawal in this subject. This policy can be found on our school website.

The school also uses Jigsaw to support the delivery of PHSE.

### **4.2 How we teach**

The PHSE framework will be delivered through a variety of teaching strategies and will mainly focus on five core themes:

- Relationships and Sex Education
- Mental and Emotional Health
- Keeping Safe
- Healthy Lifestyles
- Living in the Wider World

Some elements of PSHE are taught separately through other subjects such as RSE (Relationships and Sex Education). PSHE will also be delivered in assemblies, whole school events, circle time and by outside agencies. Where an external provider is used within PSHE lessons, this will be quality assured before delivery.

To ensure that our PSHE provision meets the needs of all our children and young people we will pay particular attention to those with special educational and diverse needs.

We will:

- Set suitable learning challenges
- Overcome potential barriers to learning and assessment for individual and groups of children/young people by using resources for children with behavioural, learning and /or physical needs
- Respond to a wide range of pupils' learning needs
- Deliver additional sessions for identified groups where needed
- Deliver 1-1 or small group sessions for identified children

## **5. Confidentiality**

Given the personal nature of PSHE, children and young people may occasionally make personal disclosures to individual teachers or in class, leading to teachers finding themselves in possession of sensitive information.

In our school, school staff and other adults should refer to the school's policy on Safeguarding.

## **6. Handling Sensitive Issues**

Controversial and sensitive issues will need to be raised in PSHE. The aim of specific sessions may be to enable children and young people to address issues such as sex education, religion and politics directly and develop the skills of reasoned argument. Whilst we are required to cover these subjects by law, parents do have the right to withdraw their child(ren) from Sex Education (RSE) that is not part of the Science curriculum. More details about this can be found in the school's RSE Policy.

- Other issues including family lifestyles and values, law and order, bullying and bereavement, have the potential to be sensitive or controversial. When such issues arise, we will:
- Ensure ground rules are established about how children and young people will behave towards each other and how the issue will be dealt with
- Judge when to allow children to discuss issues with conditional confidentiality in small groups and when to join in and offer support
- Ensure children and young people are clear about the difference between fact, opinion and belief and that they have access to balanced information and views against which they can clarify their own opinions and views, including contributions made by visitors to the class
- Consider using case studies, role-plays and other distancing techniques
- Provide appropriate support after a session for any pupil who may be troubled by an issue raised.

Teachers will ensure that their personal beliefs and attitudes do not affect their teaching of such issues/topics. If a teacher is concerned about their subject knowledge or ability to teach certain areas of the curriculum, these concerns should be directed to the headteacher.

## **7. Links with other policies**

- Behaviour Policy
- Safeguarding Policy
- RSE Policy
- Anti-Bullying Policy
- Equality Policy